Magnesium Mineral References

2. Institute of Medicine, Dietary Intake of Calcium, Phosphorus, Magnesium, Vitamin D, and Fluoride, National Academy Press, Washington DC, 1997.
5. ibid, 69.
6. ibid, 5.
15. Subtle energy regenerates 80% of cells subjected to gamma radiation. (Dr. JP Jones, University of California, Irvine)
16. Subtle energy regulates parasympathetic nervous system. (Dr. J Marrongelle, Heart Rate Variable Test)
Magnesium is essential in regulating calcium in the body and modulating the entry and release of calcium from cells. What many people do not realize is that calcium cannot be absorbed into cells without magnesium. Without magnesium there is no energy, no vitality, no life. Cells use energy packets called ATP (adenosine triphosphate), which are formed when magnesium activates critical enzymes that make ATP production possible. One noted researcher has called magnesium “the most important mineral to man and all living organisms.”

**About MagForce™**

Optimum health in today’s high stress world requires the best supplements modern nutritional science can offer combined with revolutionary new discoveries in the field of Subtle Energy Physics. NutriLink’s groundbreaking MagForce™ incorporates modern Nano Technology with revolutionary BioEnergetic Enhancement to provide a uniquely effective magnesium supplement.

**How is MagForce™ Different?**

NutriLink’s MagForce™ is produced using state-of-the-art processing that reduces pure magnesium to the smallest atomic level. This proprietary technology allows magnesium to ionically bond with water to produce a truly water soluble mineral supplement. Since MagForce™ is not comprised of large mineral particles in suspension (colloidal minerals), it is uniquely able to penetrate cells and tissues at the molecular level. In terms of effectiveness, MagForce™ is a quantum leap beyond colloidal minerals.

**Why is Magnesium Important?**

Magnesium might be called “the Master Mineral” since it is responsible for regulating more than 325 enzymes in the body. Many aspects of cell metabolism are controlled by magnesium, including DNA and RNA synthesis, cell growth, and cell reproduction. Without this vital mineral, miles of nerves could not conduct the electrical current necessary to sustain life. Magnesium regulates the activity of the heart, muscular contractions, vascular tone, blood pressure, and peripheral blood flow. Magnesium is essential in regulating calcium in the body and modulating the entry and release of calcium from cells. What is often diagnosed as a “calcium deficiency” may in reality be the result of a magnesium deficiency, since calcium cannot be properly utilized without sufficient levels of magnesium. Without magnesium there is no energy, no vitality, no life. Cells use energy packets called ATP (adenosine triphosphate), which are formed when magnesium activates critical enzymes that make ATP production possible. One noted researcher has called magnesium “the most important mineral to man and all living organisms.”

**The Master Mineral**

According to the National Academy of Sciences, most Americans are magnesium deficient, with men obtaining about 80 percent of the recommended daily allowance and women averaging only 70 percent. Consider the following overview of the importance of magnesium and the critical role this “Master Mineral” plays in many key functions in the human body.

- Magnesium helps regulate adrenal stress hormones. Adequate levels of magnesium reduce anxiety, panic attacks and a variety of stress-related conditions.
- Magnesium helps regulate histamine production and reduces bronchial spasms.
- Magnesium is a natural “blood thinner” that can contribute to the prevention of blood clots.
- Magnesium may help in relieving the symptoms of depression, since magnesium plays a role in the production of the mood elevator, serotonin.
- Magnesium is important for the removal of toxic substances and destructive heavy metals from the body.
- Magnesium enhances insulin secretion and facilitates sugar metabolism. Magnesium enables insulin to transfer glucose into cells.
- Magnesium deficiency is commonly found in people with heart disease and high blood pressure.
- Insomnia sufferers are commonly deficient in magnesium. Magnesium is necessary in the production of the sleep hormone Melatonin.
- Fibromyalgia, muscle spasms, peripheral nerve disturbances contributing to migraines, as well as central nervous system disorders (such as vertigo) can be related to low levels of magnesium.
- Calcium is utilized in the presence of magnesium. Without magnesium bone loss, bone spurs, calcium stones and osteoporosis are more likely.
- MagForce™ is especially useful when taken before bedtime to enhance nighttime recovery, for restoring the normal sleep cycle and promoting natural detoxification.

**MagForce™ Is The Energy Solution**

For Nighttime Recovery!

“Magforce™ is a quantum leap beyond colloidal minerals.

Albert Szent-Byorgyi, Bioelectronics

In Western science, life has been traditionally defined in terms of biochemical processes and biological activity, but there is also an underlying subtle energy component that is essential for true vitality. Disruption of cellular energy reduces the body’s ability to absorb and utilize nutrients and significantly impairs recovery from illness or injury.

The answer to cellular energy depletion has recently been found through new discoveries in the field of subtle energy physics. Subtle Energy Technology has been researched and developed to restore the missing energy link through the infusion of beneficial bioenergetic patterns into substances. This revolutionary process energetically balances and enhances the benefits of MagForce™ making it the most powerful, energetically concentrated magnesium supplement available today!

Selected subtle energy patterns have been infused into MagForce™ for balancing the central nervous system, reducing stress, relaxing muscles, improving sleep and improving assimilation. The many benefits already attributed to magnesium are significantly enhanced through the introduction of subtle energy! Persistent low energy and chronic fatigue are associated with high-stress lifestyles. This “low-energy plague” is the Epidemic of the 21st Century and is the precursor to many of the acute and chronic degenerative diseases common today. MagForce™ with subtle energy is the “anti-stress” solution for gentle nighttime detoxification and recovery while you sleep.